



## CANCER CARE PROGRAM

Get personalized Cancer Care plans to help you manage cancer using a natural and holistic approach by our integrative team of senior nutritionists, clinical dietitians, lifestyle coaches, and doctors. The program focuses on not just cancer, but also aims at managing side effects of conventional treatments that run parallelly, improving the quality of life, boosting immunity, and reducing the chances of relapses.

### The key benefits of the Cancer Care Program:

The program focuses on managing cancer and the associated side effects, thereby improving the overall quality of life and affirming that there is hope after cancer. The key benefits of this particular program are to:

- **Manage cancer symptoms:** Handle cancer symptoms through holistic means depending on the case.
- **Manage the collateral side effects of chemotherapy, radiation, surgery:** Handle the side effects of chemotherapy, radiation, and surgery through effective remedies and approaches.
- **Boost immunity and prepare the body for a series of conventional treatments:** Build strength and immunity using a holistic approach to prepare the body for chemotherapy, radiation, and surgery.
- **Regain your health using balanced nutrition and lifestyle changes:** Help to recuperate in every way possible and regain the quality of hair, skin, nails, energy, immunity, and gut health through various holistic modalities.
- **Prevent the recurrence of cancer after remission:** Build a powerful defense system to prevent and minimize the chances of a relapse.
- **Access cancer-related support groups within our ecosystem:** Connect with others undergoing a similar phase for support, motivation, inspiration, and hope.
- **Join an exclusive webinar with Luke:** Get invited to a personalized webinar where Luke talks about specific disorders and learn how practicing a few techniques can improve your health.
- **Obtain access to the Signature Happiness Course by the Art of Living:** Get access to a three-day Happiness Course conducted by professionals from the Art of Living as well as sessions on pranayama and meditation, while you are on the program with us.

**\*Note:** The Happiness Course by the Art of Living is conducted every 45 days for three days (for 2.5 hours each day). There is limited seating for these sessions, so registration will be on a first come first served basis.

## Price and Package options for the Cancer Care Program

We offer **two packages** for the benefit of our clients. Both packages include all key benefits and features listed above. The assigned team and the variations listed here are the only differentiating factors.

### Cancer Care Program with Luke

#### Program Description:

- Our integrative team of senior nutritionists, clinical dietitians, lifestyle coaches, and senior doctors create a customized plan for you after studying your medical history, medical reports, and your health goals.
- Your coaching revolves around the four pillars of health that Luke strongly advocates: quality sleep, balanced nutrition, emotional detox, and adequate exercise.
- Customized food plans are created by taking into consideration your chemotherapy cycles, radiation schedule, medication, work timings, travel plans, availability of ingredients, allergies, and so on.
- Regular detox plans are shared as required to help support your body's repair mechanisms thus steering you in the direction of good health.
- Once your program ends, a one-time maintenance guideline document created by Luke and your senior nutritionist is shared with you, to help you continue on your journey to good health.

**Please note that this is an online program and is open to participation from anyone globally.**

- Online chat support is available from Monday to Friday, 9 a.m. to 7 p.m.
- Different time zones other than Indian Standard Time will be handled accordingly.
- The assigned team's responses will be based on their appointments, hospital rounds, calls, and meetings. They will respond at the earliest.
- The team is off on weekends and on public holidays. In case of an emergency, feel free to contact us.

#### Package Variations:

- Your case, progress, and way forward is reviewed and discussed with Luke every five days.
- One video call is scheduled at the start of the program with you and a senior nutritionist assigned to you, followed by voice calls every week.
- Two calls are scheduled with a senior doctor, one at the start of the program and one scheduled at a time of your choice.
- You are added to an online chat group created to guide and coach you during the program. This group consists of your senior nutritionist, dietitian, or lifestyle coach and a quality control team.



## Total Program Cost:

- 3 months: ₹106200 (inclusive of taxes)
- 6 months: ₹188800 (inclusive of taxes)
- 12 months: ₹342200 (inclusive of taxes)

USD rates are applicable to anyone residing out of India.

- 3 months: \$1350
- 6 months: \$2400
- 12 months: \$4350

## Cancer Care Program with Luke's team

### Program Description:

- Our integrative team comprising of nutritionists, clinical dietitians, lifestyle coaches, and doctors create a customized plan for you after studying your medical history, medical reports, and your health goals.
- Your coaching revolves around the four pillars of health that Luke strongly advocates: quality sleep, balanced nutrition, emotional detox, and adequate exercise.
- Customized food plans are created by taking into consideration your chemotherapy cycles, radiation schedule, medication, work timings, travel plans, availability of ingredients, allergies, and so on.
- Regular detox plans are shared (as required) to help support your body's repair mechanisms, thus steering you in the direction of good health.
- Once your programs ends, a one-time maintenance guideline document created by Luke and your nutritionist is shared with you, which will help you continue on your journey to good health.

**Please note that this is an online program and is open to participation from anyone globally.**

- Online chat support is available from Monday to Friday, 9 a.m. to 7 p.m.
- Different time zones other than Indian Standard Time will be handled accordingly.
- The assigned team's responses will be based on their appointments, hospital rounds, calls, and meetings. They will respond at the earliest.
- The team is off on weekends and on public holidays. In case of an emergency, feel free to contact us.



### Package Variations:

- Your case, progress, and way forward is reviewed and discussed with a head nutritionist every five days.
- One video call is scheduled at the start of the program with you and a nutritionist assigned to you, followed by voice calls every week.
- One call is scheduled at the start of the program with a doctor.
- You are added to an online chat group created to guide and coach you during the program. This group consists of your nutritionist, dietitian, or lifestyle coach and a quality control team.

### Total Program Cost:

3 months: ₹64900 (inclusive of taxes)

6 months: ₹118000 (inclusive of taxes)

12 months: ₹224200 (inclusive of taxes)

USD rates are applicable to anyone residing out of India.

3 months: \$825

6 months: \$1500

12 months: \$2850

